

PK 50m bad: Session: 1: COACH evaluation sheet for TEAM: TSZ

Coachinfo: Warming up from: 12:30 untill 13:20. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Hanssens Yash

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 100M BREASTSTROKE WOMEN 11+			Heat:4, starttime: 13:38
Heat: 4/11 Lane : 2 Athlete: LALOO FÉLINE			Q-time: 01:44:30
PB (50m pool): 01:44.30 Mol 22/06/2025			PB (25m pool): 01:44.02 SB: 01:47.66 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	00:50.38	01:44.30	
	00:50.38	00:53.92	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE WOMEN 11+			Heat:7, starttime: 13:44
Heat: 7/11 Lane : 2 Athlete: SCHELFAUT NELL			Q-time: 01:33:94
PB (50m pool): 01:33.94 Wezenberg 03/01/2026			PB (25m pool): 01:31.41 SB: 01:33.94 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:43.41	01:33.94	
	00:43.41	00:50.53	
			

Coach feedback:

Event number: 1: 100M BREASTSTROKE WOMEN 11+			Heat:9, starttime: 13:48
Heat: 9/11 Lane : 4 Athlete: MURAT IREM			Q-time: 01:26:61
PB (50m pool): 01:26.61 Wezenberg 03/01/2026			PB (25m pool): 01:25.81 SB: 01:26.61 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:41.35	01:26.61	
	00:41.35	00:45.26	
			

Coach feedback:

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Event number: 1: 100M BREASTSTROKE WOMEN 11+			Heat:9, starttime: 13:48
Heat: 9/11 Lane : 7 Athlete: DERRE FLEUR			Q-time: 01:29:51
PB (50m pool): 01:29.51 Antwerpen 20/07/2025			PB (25m pool): 01:26.35 SB: no time
	5 0 M	1 0 0 M	
PB	00:43.70	01:29.51	
	00:43.70	00:45.81	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE MEN 13+			Heat:1, starttime: 13:55
Heat: 1/7 Lane : 1 Athlete: EVERAERT MATTHIEU			Q-time: 01:45:18
PB (50m pool): 01:51.50 Antwerpen 13/07/2025			PB (25m pool): 01:45.18 SB: 01:52.33 SportinGenk Park 11/11/2025
	5 0 M	1 0 0 M	
PB	00:53.37	01:51.50	
	00:53.37	00:58.13	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE MEN 13+			Heat:2, starttime: 13:57
Heat: 2/7 Lane : 1 Athlete: RENDERS KLAAS			Q-time: 01:33:80
PB (50m pool): 01:34.08 Wezenberg 04/01/2026			PB (25m pool): 01:33.80 SB: 01:34.08 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:44.66	01:34.08	
	00:44.66	00:49.42	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE MEN 13+			Heat:2, starttime: 13:57
Heat: 2/7 Lane : 4 Athlete: VANDEPUTTE WOUT			Q-time: 01:28:82
PB (50m pool): 01:29.17 Wezenberg 04/01/2026			PB (25m pool): 01:28.82 SB: 01:29.17 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:41.76	01:29.17	
	00:41.76	00:47.41	
			

Coach feedback:

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Event number: 2: 100M BREASTSTROKE MEN 13+			Heat:3, starttime: 13:59
Heat: 3/7 Lane : 5 Athlete: AERENS JEF			Q-time: 01:25:64
PB (50m pool): 01:26.96 Antwerpen 21/07/2024			PB (25m pool): 01:25.64 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:26.96	
	no time		
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE MEN 13+			Heat:3, starttime: 13:59
Heat: 3/7 Lane : 7 Athlete: BOEL LIAM			Q-time: 01:26:77
PB (50m pool): 01:26.77 Wezenberg 03/01/2026			PB (25m pool): 01:37.51 SB: 01:26.77 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:39.99	01:26.77	
	00:39.99	00:46.78	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE MEN 13+			Heat:4, starttime: 14:01
Heat: 4/7 Lane : 2 Athlete: DE JONG STAN			Q-time: 01:23:63
PB (50m pool): 01:23.63 Wezenberg 03/01/2026			PB (25m pool): 01:25.31 SB: 01:23.63 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:38.61	01:23.63	
	00:38.61	00:45.02	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE MEN 13+			Heat:5, starttime: 14:03
Heat: 5/7 Lane : 3 Athlete: EL BOUJADDAYNI DAOUD			Q-time: 01:19:03
PB (50m pool): 01:20.66 Wezenberg 03/01/2026			PB (25m pool): 01:16.88 SB: 01:20.66 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:38.01	01:20.66	
	00:38.01	00:42.65	
			

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Event number: 2: 100M BREASTSTROKE MEN 13+			Heat:5, starttime: 14:03
Heat: 5/7 Lane : 7 Athlete: KARER MALIK			Q-time: 01:21:60
PB (50m pool): 01:23.88 Wezenberg 04/01/2026			PB (25m pool): 01:21.60 SB: 01:23.88 Wezenberg 04/01/2026
	5 0 M	1 0 0 M	
PB	00:38.45	01:23.88	
	00:38.45	00:45.43	
			

Coach feedback:

Event number: 2: 100M BREASTSTROKE MEN 13+			Heat:6, starttime: 14:05
Heat: 6/7 Lane : 2 Athlete: SCHRAUWEN BJARNE			Q-time: 01:16:66
PB (50m pool): 01:21.58 Wezenberg 03/01/2026			PB (25m pool): 01:16.66 SB: 01:21.58 Wezenberg 03/01/2026
	5 0 M	1 0 0 M	
PB	00:37.79	01:21.58	
	00:37.79	00:43.79	
			

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 13+			Heat:4, starttime: 14:14
Heat: 4/7 Lane : 5 Athlete: SCHELFAUT NELL			Q-time: 00:35:20
PB (50m pool): 00:35.30 Aalst 28/06/2025			PB (25m pool): 00:35.20 SB: no time
	5 0 M		
PB	00:35.30		
	00:35.30		
			

Coach feedback:

Event number: 3: 50M BACKSTROKE WOMEN 13+			Heat:6, starttime: 14:17
Heat: 6/7 Lane : 3 Athlete: VERLUYTEN NIENE			Q-time: 00:33:34
PB (50m pool): 00:34.22 Antwerpen 20/04/2025			PB (25m pool): 00:33.34 SB: no time
	5 0 M		
PB	00:34.22		
	00:34.22		
			

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Event number: 3: 50M BACKSTROKE WOMEN 13+		Heat:7, starttime: 14:19
Heat: 7/7 Lane : 1 Athlete: DE JONG SUZAN		Q-time: 00:32:41
PB (50m pool): no time		PB (25m pool): 00:32.41 SB: no time
	5 0 M	
PB	no time	
	no time	
		

Coach feedback:

Event number: 4: 50M BACKSTROKE MEN 13+		Heat:2, starttime: 14:22
Heat: 2/5 Lane : 7 Athlete: RENDERS KLAAS		Q-time: 00:36:69
PB (50m pool): 00:36.69 Mol 22/06/2025		PB (25m pool): 00:34.51 SB: no time
	5 0 M	
PB	00:36.69	
	00:36.69	
		

Coach feedback:

Event number: 4: 50M BACKSTROKE MEN 13+		Heat:5, starttime: 14:27
Heat: 5/5 Lane : 5 Athlete: BOODTS GERBEN		Q-time: 00:27:93
PB (50m pool): 00:29.15 Antwerpen 20/04/2025		PB (25m pool): 00:27.93 SB: no time
	5 0 M	
PB	00:29.15	
	00:29.15	
		

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+		Heat:6, starttime: 14:35
Heat: 6/12 Lane : 2 Athlete: LALOO FÉLINE		Q-time: 00:40:86
PB (50m pool): no time		PB (25m pool): 00:40.86 SB: no time
	5 0 M	
PB	no time	
	no time	
		

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Event number: 5: 50M BUTTERFLY WOMEN 11+				Heat:10, starttime: 14:40	
Heat: 10/12 Lane : 3 Athlete: DERRE FLEUR				Q-time: 00:33:73	
PB (50m pool): 00:33.73 Wezenberg 04/01/2026				PB (25m pool): 00:33.70 SB: 00:33.73 Wezenberg 04/01/2026	
	5 0 M				
PB	00:33.73				
	00:33.73				
					

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+				Heat:11, starttime: 14:41	
Heat: 11/12 Lane : 8 Athlete: WAELPUT ELODIE				Q-time: 00:33:42	
PB (50m pool): 00:34.28 Eindhoven 16/03/2025				PB (25m pool): 00:33.85 SB: no time	
	5 0 M				
PB	00:34.28				
	00:34.28				
					

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+				Heat:12, starttime: 14:42	
Heat: 12/12 Lane : 1 Athlete: DEBRABANDERE LEONIE				Q-time: 00:31:43	
PB (50m pool): 00:31.43 Wezenberg 04/01/2026				PB (25m pool): 00:31.51 SB: 00:31.43 Wezenberg 04/01/2026	
	5 0 M				
PB	00:31.43				
	00:31.43				
					

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11+				Heat:12, starttime: 14:42	
Heat: 12/12 Lane : 2 Athlete: VAN BUNDER AMY				Q-time: 00:30:15	
PB (50m pool): 00:31.91 Eindhoven 16/03/2025				PB (25m pool): 00:30.15 SB: no time	
	5 0 M				
PB	00:31.91				
	00:31.91				
					

Coach feedback:

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Event number: 5: 50M BUTTERFLY WOMEN 11+			Heat:12, starttime: 14:42
Heat: 12/12 Lane : 8 Athlete: VAN BUNDER INEZ			Q-time: 00:31:48
PB (50m pool): 00:33.32 La Louvière 25/05/2025			PB (25m pool): 00:31.48 SB: no time
	5 0 M		
PB	00:33.32		
	00:33.32		
			

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 13+			Heat:2, starttime: 14:45
Heat: 2/7 Lane : 4 Athlete: EVERAERT MATTHIEU			Q-time: 00:38:92
PB (50m pool): 00:38.92 Wezenberg 04/01/2026			PB (25m pool): 00:39.88 SB: 00:38.92 Wezenberg 04/01/2026
	5 0 M		
PB	00:38.92		
	00:38.92		
			

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 13+			Heat:3, starttime: 14:46
Heat: 3/7 Lane : 8 Athlete: EL BOUJADDAYNI DAOUD			Q-time: 00:37:27
PB (50m pool): 00:36.16 La Louvière 25/05/2025			PB (25m pool): 00:39.03 SB: no time
	5 0 M		
PB	00:36.16		
	00:36.16		
			

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 13+			Heat:4, starttime: 14:47
Heat: 4/7 Lane : 3 Athlete: SCIACCA EMILIO			Q-time: 00:33:48
PB (50m pool): 00:35.10 La Louvière 25/05/2025			PB (25m pool): 00:33.48 SB: no time
	5 0 M		
PB	00:35.10		
	00:35.10		
			

Coach feedback:

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Event number: 6: 50M BUTTERFLY MEN 13+										Heat:7, starttime: 14:50																			
Heat: 7/7 Lane : 3 Athlete: BOODTS GERBEN																				Q-time: 00:27:34									
PB (50m pool): 00:27.34 Antwerpen 20/04/2025										PB (25m pool): 00:27.34 SB: 00:27.75 Wezenberg 03/01/2026																			
	5 0 M																												
PB	00:27.34																												
	00:27.34																												
																													

Coach feedback:

Event number: 8: 400M FREESTYLE MEN 13+							Heat:1, starttime: 15:29	
Heat: 1/6 Lane : 3 Athlete: VANDEPUTTE WOUT							Q-time: 05:44:68	
PB (50m pool): 06:29.70 Antwerpen 16/07/2023				PB (25m pool): 05:44.68 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	06:29.70
	no time							
								

Coach feedback:

Event number: 8: 400M FREESTYLE MEN 13+							Heat:4, starttime: 15:46	
Heat: 4/6 Lane : 2 Athlete: SCIACCA EMILIO							Q-time: 04:51:97	
PB (50m pool): 04:58.16 Antwerpen 20/07/2025				PB (25m pool): 04:51.97 SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:33.50	01:10.72	01:48.38	02:26.57	03:04.11	03:42.57	04:20.50	04:58.16
	00:33.50	00:37.22	00:37.66	00:38.19	00:37.54	00:38.46	00:37.93	00:37.66
								

Coach feedback:

Event number: 8: 400M FREESTYLE MEN 13+							Heat:4, starttime: 15:46	
Heat: 4/6 Lane : 7 Athlete: DE JONG STAN							Q-time: 04:55:19	
PB (50m pool): no time			PB (25m pool): no time SB: no time					
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	no time	no time	no time	no time	no time	no time	no time
	no time							
								

Coach feedback:

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Event number: 8: 400M FREESTYLE MEN 13+							Heat:5, starttime: 15:52	
Heat: 5/6 Lane : 3 Athlete: SCHRAUWEN BJARNE							Q-time: 04:34:91	
PB (50m pool): 04:44.23 Antwerpen 20/07/2025				PB (25m pool): 04:34.91SB: no time				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:31.72	01:07.56	01:43.96	02:21.12	02:56.75	03:33.47	04:08.96	04:44.23
	00:31.72	00:35.84	00:36.40	00:37.16	00:35.63	00:36.72	00:35.49	00:35.27
								

Coach feedback:

Event number: 8: 400M FREESTYLE MEN 13+							Heat:6, starttime: 15:57	
Heat: 6/6 Lane : 6 Athlete: FRANSEN THIBEAU							Q-time: 04:24:39	
PB (50m pool): 04:38.18 Wezenberg Topsportbad, Antwerp 18/07/2025 PB (25m pool): 04:24.39 SB: no time								
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	no time	01:03.90	no time	02:14.50	no time	no time	no time	04:38.18
	no time							
								

Coach feedback:

Event number: 9: 4x100M MEDLEY WOMEN 11+							Heat:2, starttime: 16:09	
Heat: 2/2 Lane : 4 Athlete: TEAM TSZ 2							Q-time: 04:42:18	
PB (50m pool):			PB (25m pool):			SB:		
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB								
								

Coach feedback: